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NEWSLETTER

Issue 5 · 20 Jun 2018

In this issue



Principal's Message



Assistant Principal's Message



Sub School News



Curriculum News



Careers News



Wellbeing



Important Information



Announcements



Financial Information



General Information



College Canteen



Principal's Message

Dear Parents/Carers,

“Empowering students for learning and life”

High Expectations

As we moved into the latter part of the first Semester it was timely to remind students of the importance of doing their best in all forms of assessment. For our Year 12 VCE students, it is in preparing adequately for their school based assessment and continually revising work throughout the year in readiness for their end of year exams. It is also about ensuring that they have done their very best when they sat the GAT on Wednesday 13th of June. Our VCAL students need to ensure they complete all set work to demonstrate their outcomes and participate fully in the Work Related Skills work and VET courses. For our Year 10 and 11 students it is continually revising their work and seeking feedback from their teacher to support them in doing their best in their Semester 1 exams, which they completed last week. I wish all our Senior

School students well in their assessments and remind them that by applying themselves and revising diligently they will achieve their goals. A continuous effort that is required throughout the year.

Student Representatives on School Council

We had 9 students nominate for Student Representatives for School Council, and it was great to see our students interested in representing their peers and having a voice. Congratulations to Heidi Neels who was the successful candidate for the two year position, Selina Jafari who was the successful candidate for the one year position and Nya-Christmas Kuach who is our Community Member for two years. Lyndhurst Secondary College has always had student representation on School Council, with two students being community members in the past. We are proud that for the next two years we have two voted student representatives and one student who is community member on our School Council. We look forward to working with

them to continue to include student voice in making important decisions in the governance of our College.

Year 10 Work Experience

Many of our Year 10 students, will be starting their work experience during the week of the 18th of June which will provide them with a valuable opportunity to see what a workplace is like and potentially learn some new skills. I remind our students that they are our ambassadors of our school, and we expect them to present themselves appropriately attired for their work and to be model members of the workforce they are experiencing. Staff will be visiting our students over the course of the week and we look forward to hearing about their experiences. A reminder that there is a special program running for students not attending work experience, and they are expected to be at school in full school uniform.

Course Counselling

Early Term 3 we will be starting the course counselling phase in planning and preparation for 2019. This process is extremely important, particularly for our students moving from Middle School into Year 10 and our Year 10 students moving into Year 11, ensuring they are in the best pathway to support them in achieving their careers goals. As part of the counselling process, we will be considering student results/reports to ascertain student readiness for the course they aspire to; thus the need for students to do their very best in their assessment. Our information evening is scheduled Wednesday July 18th (first week in Term 3) and we encourage all families to attend. More details of the course counselling

process will be provided later this term and early next term.

Athletics Carnival

On Friday 25th of May we had our annual Athletics Carnival which was extremely successful. We enjoyed great weather and it was great to see a large number of our students attend and dress up in their house colours. Our Year 12 students dressed up, participated and supported their House, enjoying their last Athletics Carnival of their secondary school life. It was a great atmosphere with all participating and cheering on their peers. These days require significant organisation and time and a special thanks goes to Mr Geordie Atkin, our Sports Leader and to all staff for their support of this very important event in the College year.

Cranbourne Region Trade Skills Centre

On June 5th we celebrated the opening of the Cranbourne Region Trades Skills Centre. Mr Chris Crewther was in attendance (Federal member for Dunkley) to formally open the centre. There was representation from the other three schools, with whom we are in partnership with at the opening – Alkira, Cranbourne and Marnebek. Other VIP guests who were in attendance included Ms Anne Martin and Ms Janne Dempster from the department, Mr Andrew Simons, (CEO - SELEN) Pauline Richards, representing Jude Perera's office (MP), Cr Amanda Stapledon, Deputy Mayor, School Council members, college staff were also in attendance. Our school choir sang the national anthem and our students from the VET course together with Mr Indhiran Padayachee (our VET Automotive teacher) showed our special guests

around the site. It was a very successful event. Thanks need to go to Ms Claire Clancy who organised the entire event and ensured that everything ran smoothly.



Art Competition

The Lynbrook Village Shopping Centre art competition, where our students created Art pieces depicting 'CULTURE' – Incorporating Peace and the Environment has now been completed and many of our students beautiful and creative pieces have been on display at the shopping centre since the beginning of this term.

1st, 2nd, 3rd winners have been chosen and 'Peoples Choice' voted by the public. All winners will be announced and presented with their prizes at a special celebratory lunch on Thursday 28th June in Lynbrook. We are very proud of our students and are grateful to Lynbrook Village Shopping Centre for providing our students with this opportunity. The winners will be announced in the first newsletter of term 3.



Year 12 Formal

The Year 12 formal this year is being held on Thursday 28th of June, and is an event organised by our school captains and student voice leader, Ms Lauren Shaw. The event this year will be held at the Sandhurst Club in Sandhurst. We look forward to a great evening.

Student Feedback Survey

Over the last three weeks, our school has been conducting a survey to find out what your child thinks of our school. The Attitudes to School survey is an annual student survey offered by the Department of Education and Training. The survey assists schools in gaining an understanding of students' perceptions and experience of school.

Our school will use the survey results to plan programs and activities to improve your child's schooling experience.

The survey results will be reported back to the school in term 3. Survey results will be communicated to parents through annual reporting and at school council.

Later in the year, we will be seeking feedback from our parent community and we encourage you to complete the survey, should you be

randomly selected. Our school values the voice and opinions of our community in helping us to make improvements to our school.

School Holidays

The last day of the school term is Friday 29th of June. The school day will finish at 2:30 and the office will be closed at 3:30 on that day. There

will be staff on yard duty until 3:00 pm. We wish everyone a safe and restful holiday. We look forward to welcoming our students back on Monday, 16th of July, for the start of term 3.

Konnie Prades

Principal



Assistant Principal's Message

Pasifika Youth Program

We currently have a Pasifika Youth Program running at the school every Monday for 12 weeks from Monday 7th May. There are two programs, one is a youth leadership program and the other is a youth mentoring program.

The Youth Leadership Program runs period 2 and involves lessons such as: Our Australia, communication skills, culture and Identity, developing confidence and self-esteem, decision making and negotiation skills, etc.

Period 3 is a Youth mentoring Program with topics such as: Me, myself, I, youth culture, cyber safety, family relations, event planning, etc. The focus is on connecting students with their cultural backgrounds, the school and the community and mentoring the students with someone they may see a connection with. These students will aim to breakdown any barriers they may have with education and help motivate them to achieve their best in their education.

The Program is run by Temese and Paora from CMY (Centre for Multicultural Youth). Temese was the leader for the Te Waka One Ocean program that was run at the school many years ago and Paora has been assisting our students with the 4C's cultural performance.

We see this as a very valuable program and are currently trying to investigate if we can get a similar program running for students from other cultural backgrounds.

Our 4 C's cultural performance also continues to gain momentum with students from a range of Pasifika nations practicing traditional cultural dances on a Monday evening. Lyndhurst Secondary College is committed to the 4 C's program as a way of allowing our Pasifika students to celebrate their culture and represent the college. We are very excited about what they will produce in 2018, particularly after the success of the program in 2017.



Respectful Relationships update

Our year 9 group is well and truly working through the Respectful Relationships Curriculum in their Inquiry classes. The school is an important hub in the community and has the opportunity to lead, influence and contribute to healthy community culture. So far students have looked at topics such as; complex emotions, risks, ethical dilemmas, legal implications of sexting, depression, anxiety and mental health vs mental illness. The program will continue into next term.



Afghan Day

We are pleased to be involved in the Afghan Day being run by Cranbourne Carlisle Primary School. A terrific initiative celebrating a culture very close to Lyndhurst Secondary College and many of our students. A group of nearly 20 students are preparing themselves for a performance on June 20th at Cranbourne Carlisle Primary School. With all the effort they are putting in, it is sure to be a terrific performance and a fantastic way for our students from Afghanistan to celebrate their culture and represent the Afghanistan community of Casey and Lyndhurst Secondary College.



Course Counselling

Course Counselling sessions will be held at the beginning of term 3 for all Year 9 and 10 students; 25th and 26th July.

There will be a Senior School Information Evening on the 18th of July commencing at 6.45.

For full details please see the Sub School News or visit our website.

Elective Taster

In week 1 of term 3, Year 8 and 9 students will be taken through an “Elective Taster” session which will provide information on all electives available to them so that they are able to make informed

decisions about which electives are going to bring them the most engagement and the best possible opportunity to achieve success.

Anthony Brannan

Acting Assistant Principal



Sub School News

Exams

Year 10 and 11 students have just completed their end of semester exams. A valuable experience as students decide on their pathway and prepare themselves for VCE studies in the future. Student behaviour throughout the period was outstanding and it is hoped their results reflect the amount of work they have put in across the first semester.

Our year 12 students completed the GAT (General Achievement Test) during this time as well. An indication that their year and schooling is coming to a close.

With plenty more work to be done we encourage our Year 12 students to give their studies as much dedication as possible to ensure that they are giving themselves every opportunity for success.

Course Counselling

Course Counselling sessions will be held at the beginning of term 3 for all Year 9 and 10 students. The process is a vital one in selecting the appropriate pathway for each student and

gives them the best possible opportunity to succeed in whatever field they wish to pursue.

Year 10 students will have a 15-minute session on the **25th of July** and Year 9 students will have their appointment on the **26th of July**. More information will be given in the coming weeks.

At Lyndhurst Secondary College we understand the diverse nature of our students and the need for different curriculums and choice. As part of this, a new Year 10 program is being rolled out in 2019.

The program will essentially offer year 10 students a choice between Pre VCAL and Pre VCE studies, better preparing students for Year 11 and 12 studies in the following years. More information will be presented about this at the Senior School Information Evening on the 18th of July commencing at 6.45.

Formal invitations to students and families will be sent out in the nearer the time.

Elective Taster

In week 1 of term 3, Year 8 and 9 students will be taken through an “Elective Taster” session which will provide information on all electives available to them so that they are able to make informed decisions about which electives are going to bring them the most engagement and the best possible opportunity to achieve success.

Lyndhurst Academy

All Year 7, 8 and 9 students were given the opportunity on the 15th of June to select an area of passion to study in 2019 as a part of the new Academy Program being implemented next year. It is an exciting change to the College program giving students in Year 7 to 10 an extra opportunity to study a topic, sport, field, or career of their choice. If your child was away and missed the opportunity to select, please direct them to the front office to see Mr Rogers.

Attendance

Attendance is a key component of your child experiencing success at Lyndhurst Secondary College. It is suggested that students with an attendance rate of less than 95% will have their education impacted upon in some manner. This equates to students missing less than 10 days a year and less than 3 days a term.

Please encourage students to attend as much school as possible to allow them the best possible chance of experiencing success and significant growth across semester 2 2018. If issues or barriers restrict student attendance, please work with the relevant sub school or wellbeing team for support.



© Can Stock Photo



**LYNDHURST
SECONDARY
COLLEGE**

ACADEMY

“Choose your own adventure”

The Lyndhurst Academy is a special elective program where students will develop skills which will be important for successful living in the 21st Century. Skills of creativity, collaboration, communication and critical thinking will be developed as students select an area of passion. Students will work in mixed year level groups (7-10) and work on projects to connect them to both the School and wider Community. A community event will be organised each Semester to involve our feeder primary schools.

Students will be assessed against 3 of the 4 Victorian Curriculum Capabilities to track the development of Personal and Social skills, Ethical understanding as well as Critical and Creative Thinking. Academies are semester based with students able to choose a different academy each semester or continue with the same academy for the full year. The options available for Years seven to ten include several different sports, food, creative and performance arts as well as STEM (science, technology, engineering and maths) related disciplines.

- AFL W – improve how you kick, handball and tackle with other girls
- Art – be part of art projects at school and in the Community
- Bake-off – Cook, eat and sell what you make in the kitchen
- Basketball – From drills to game play - shoot some hoops
- Book Club – Love reading? Read and discuss books with like-minded people
- Code Club – Write code for games and apps
- Debating Team – learn how to construct arguments in a competitive arena
- Fashion and Textiles – learn basics to make items and up-style clothing
- Performing Arts – take part in the School Production. Dance, sing and play music
- Rugby – Develop your rugby skills, whatever your ability
- Soccer – Shoot, pass and head the ball better
- Strength and Conditioning – learn how to be healthy and strong in body and mind
- Volleyball – develop skills and practise match play
- Woodcraft – design and build something interesting with wood
- Writer’s Workshop – Improve your creative writing skills



Page 1 of 1



Curriculum News

Good Mental health

This term, VCAL students have been working on a health unit. The year 11 and 12 students have been given the opportunity to attend 5 Gym sessions down at Plus Fitness Cranbourne. Students have been learning about what good mental health looks like and how important good nutrition and exercise is and how it should be factored into their lives on a daily basis. At the end of the term, students will be attending 1000 steps, to test their new found fitness.

Year 11 VCAL has just become fully digital. All students are now required to bring a device to every class. All work set will be provided on a weekly newsfeed for the students to access and all tasks are required to be uploaded onto Compass. This change is taking the students a bit of time to get used to but it is going to be an effective way for students and parents to be able to effectively keep track of all of their learning outcomes.



In May, a group of Year 7 students went to Biolab, in Geelong. Biolab is a Government funded “science school” that we can access for our students. It gives students opportunities to use modern, state of the art technology and equipment. Students were hooked up to GPS tracking equipment, while playing a game of netball. Students were able to monitor their performance while they were exercising and propose areas for potential improvement. Overall, the students had a great day out.





Careers News

Work Experience

Students have gone out on work experience this week which is a real opportunity for them to explore whether their intended career path is what they really want to do.

We are looking forward to reading about their experiences in the coming weeks.

Senior School Handbook

We are very pleased to confirm that our online Senior School Handbook is now updated and available for students to utilise. The handbook carries valuable information on course content and fees along with 'How to' guidelines and section forms.

Please log onto www.lyndhurst.vic.edu.au/senior-school-handbook



Wellbeing

Mancave

MAN CAVE

Man Cave is an action packed program for young men 13-17 years of age. Chill out with the boys, meet new friends and discuss 'man' business!

Date: Thursday nights during the school term
Time: 6.00 pm - 8.00 pm
Venue: Narre Warren Youth Information Centre, 52 Webb Street, Narre Warren

The Man Cave program is a fun and meaningful experience that supports the changing nature of being a young male during their teenage years.

Join in a range of free activities including:

Basketball	Pool	BBQ Dinner
Table Tennis	Gaming	Chill out around the fire pit

Contact City of Casey Customer Service on 03 9705 5200
 NRS: 133 677 (National Relay Service)
 TIS: 131 450 (Translating and Interpreter Services)

casey.vic.gov.au/youth
 facebook.com/caseyyouth
 @caseyyouth
 City of Casey Youth Services

Teen Mental Health Research

HOW DO FAMILY RELATIONSHIPS INFLUENCE TEEN MENTAL HEALTH?

Do you have a teenager between 11 and 17 years old?

Can you help us understand how family relationships influence teen mental health?



The University of Queensland is seeking families to take part in new research exploring the role of supportive parenting in positive youth development for teenagers.

We are looking for families of teenagers with anxiety or behaviour problems, as well as teenagers who are doing well.

Parents and teenagers will complete a 30-minute online survey to provide information about how parents raise their teenagers, how teenagers and their parents get along with each other, and parents' and teenagers' wellbeing.

Parents may participate even if their teenagers choose not to.

All participating families can enter a prize draw for a \$100 Coles-Myer gift voucher.

For more information and to complete the survey, please go to our project website:

<https://exp.psy.uq.edu.au/parentingteens/project/mentalhealth>

You can also contact our research team at parentingteens@uq.edu.au for more information.

Join MiTH

MiTH MENTORING IN THE HOOD

HEY!
GET FIT GET SKILLS
GET CONFIDENCE

Want to join a free and fun group program to gain some extra skills, confidence and get fit?

Come and join MiTH group: a group based program involving young people interested in getting guidance from adult mentors in a fun and friendly environment.

Time **4:30-6:30pm**
 Days **Thursdays - during school term**
 Location **Arboulea Centre Cranbourne**
 Age **12 - 17 years of age (males)**

For more information contact **WILLIE SIMMONS 0407 198 579**



Colds and flu = flare-ups

Be asthma ready this winter.

The flu and other viral infections are the most common trigger for asthma flare-ups. Although you can't always prevent colds and flu, you can lower your risk of a cold or flu triggering an asthma flare-up.

Follow our asthma checklist to ensure you're ready for the winter cold and flu season.

Check your device technique
 Up to 90% of people are thought to use their inhalers incorrectly, which means the dose of medicine isn't getting into the lungs. Ask your doctor or pharmacist to check you are using your inhaler medication device correctly.

Get a written Asthma Action Plan
 With your doctor, develop a written Asthma Action Plan. Follow a written Asthma Action Plan for:

- better controlled asthma
- fewer asthma attacks
- fewer days off work or school
- reduced reliever medication use
- fewer hospital visits

Consider an annual flu vaccination
 The best way to protect yourself from the flu and spreading it to others is annual flu vaccination.

The flu virus is always changing, so it is important to have the flu vaccine every year. This will ensure you and your family are protected against the most recent flu virus strains that may be around. It is best to be vaccinated from mid-April so your body has time to protect itself and you are ready for the peak flu period, from around June to September. It's never too late to be vaccinated. Everyone with asthma including all family members should be immunised against the flu, especially people with severe asthma.

Visit your doctor for an asthma review
 With your doctor:

- assess your current level of asthma control
- make sure you are on the right medicines to manage your asthma (e.g. a preventer)
- check your inhaler technique
- ensure your Asthma Action Plan is up-to-date
- ask any questions

Take the Asthma Control Test
 If you have experienced any of the following in the last four weeks it indicates your asthma may not be under good control.

- daytime asthma symptoms more than 2 days per week
- need for reliever more than 2 days per week
- any limitation on activities due to asthma symptoms
- any asthma symptoms during the night or on waking

Take the Asthma Control Test at www.asthmaaustralia.org.au to get your Asthma Score.

Preventer – every day when well
 Most adults with asthma should have preventer medication. Daily use of a preventer is key to keeping well. Regular use of your preventer makes the airways less sensitive and will reduce your symptoms.

For more information call **1800 ASTHMA Helpline (1800 278 462)** or visit asthmaaustralia.org.au/colds-and-flu/asthma-ready-for-winter

NAIDOC

Are you prepared for Winter?

Royal Botanic Gardens Victoria
 Cranbourne Gardens

NAIDOC 2018 Celebration

Because of her, we can!

Koolin-ik ba Kirrip-buluk (Family and Friends)

Cranbourne Gardens
Wednesday 11 July 2018, 10am – 2pm

Celebrate the invaluable contribution Aboriginal and Torres Strait Islander women make to our community.

Welcome to Country and Smoking Ceremony
 Storytelling with Aunty Fay Stewart-Muir and Uncle Ron Murray
 Bushfood walks with Boon Wurrung Elder N'arweet Carolyn Briggs and Aboriginal Heritage Guide Ben Church
 Traditional weaving with Vicki Couzens and Jarrah Bundle
 NAIDOC quilt art with Leah Horvath
 Indigenous Hip Hop Projects workshop
 Free BBQ
 Cultural activities

BECAUSE OF HER, WE CAN!
 9-15 JULY 2018

SPONSORS:
 SUPPORT SPONSORS: **MISSION AUSTRALIA** **Monash Health** **VICTORIA**

THANK YOU TO OUR SUPPORTERS:
 Supporting our Torres Strait Islander Community
 Bush Food Victoria
 Aboriginal and Torres Strait Islander Health Practitioners
 City of Casey



Important Information

Key dates to remember

Friday 29th June 2018	Last day of
term 2, 2:30pm finish	
Monday 16th July 2018	First day of
term 3	
Wednesday 18th July 2018	Senior School
Information Evening	
Friday 20th July 2018	Year 12
subject selection forms	

Thompsons Road Upgrade



15/06/2018

Dear Business Owner / Property Owner,

Thompsons Road level crossing – gone

Works to remove the dangerous and congested Thompsons Road are almost complete. The removal is one part of major works and upgrade Thompsons Road, and is being delivered by VicRoads on the Level Crossing Removal Authority.

What we are doing

On Sunday 24 June 2018 we'll open the newly constructed northern bridge and east

From this day, traffic on Thompsons Road will divert onto the new bridge and you will wait at the dangerous and congested level crossing.

When both bridges are complete, there will be six lanes of traffic over the train line, you're going sooner and safer.

What to expect

Thompsons Road will be temporarily closed before the new bridge opens

Before we open the new bridge, we need to temporarily close Thompsons Road to a roundabout to the new traffic lanes on Thompsons Road.

We'll close Thompsons Road between Marriott and Merinda Park Boulevards from 9pm to the evening of Sunday 24 June 2018.

While we do this, we'll also realign road safety barriers, and add new signs and lines.

Traffic changes

From Sunday 24 June 2018, we'll open the new northern bridge and divert traffic on

When your journey diverts onto the new bridge, there will be one lane of traffic each Thompsons Road bridge. However, you'll now no longer stop at the level crossing.

With the northern bridge open, we'll continue to finish work on the shared walking path. We'll also start to build the southern bridge and new traffic lanes on the south side.

While traffic is diverted, keep an eye out for signage to guide you along the new route.

Bus routes may temporarily change – visit ptv.vic.gov.au for details.



Teenage School Holiday Program

Bookings open Wednesday 23 May 2018



WEEK ONE

MONDAY 2 JULY

IMAX AMAZON ADVENTURE AND MELBOURNE MUSEUM

Venue: Melbourne Museum, Carlton
Time: 10.30 am - 2.00 pm

Cost: \$15

Transport included (see back of flyer)
BYO lunch/money and bottle of water

TUESDAY 3 JULY

MASTERCHEF COOKING CLASS

Venue: Balla Balla Centre, Cranbourne
Time: 11.00 am - 2.00 pm

Cost: \$5

Transport included (see back of flyer)
BYO bottle of water & food container

WEDNESDAY 4 JULY

SWIMMING AT MSAC

Venue: Melbourne Sports & Aquatic Centre, Albert Park
Time: 9.30 am - 1.30 pm

Cost: \$15

Transport included (see back of flyer)
BYO bathers, towel, lunch/money and bottle of water

THURSDAY 5 JULY

MARKET DAY

Venue: Queen Victoria Market, Melbourne
Time: 11.00 am - 2.00 pm

Cost: \$5

Transport included (see back of flyer)
BYO lunch/money and bottle of water

FRIDAY 6 JULY

MANGA WORKSHOP

Venue: Narra Warren Youth Information Centre
Time: 2.00 pm - 4.00 pm

Cost: FREE

Transport not included



WEEK TWO

MONDAY 9 JULY

TASK WORKS

Venue: 25 Glenvale Crescen
Time: 10.00 am - 2.00 pm

Cost: \$15

Transport included (see back of flyer)
BYO lunch/money and bottle of water

TUESDAY 10 JULY

CLIP-N CLIMB

Venue: 39-51 Intrepid Street
Time: 10.30 am - 1.30 pm

Cost: \$30

Transport included (see back of flyer)
BYO lunch/money and bottle of water

WEDNESDAY 11 JULY

AQUARIUM

Venue: Melbourne Aquarium
Time: 10.30 am - 1.30 pm

Cost: \$20

Transport included (see back of flyer)
BYO lunch/money and bottle of water

THURSDAY 12 JULY

ROLLERBLADING

Venue: Rollerama, Scoresby
Time: 10.00 am - 1.00 pm

Cost: \$10

Transport included (see back of flyer)
BYO lunch/money and bottle of water

FRIDAY 13 JULY

CRAFTERNOON

Venue: Narra Warren Youth
Time: 2.00 pm - 5.00 pm

Cost: FREE

Transport not included

Contact City of Casey

Customer Service on

T: 9105 5200

www.casey.vic.gov.au/youth

Caseyyouth

NRS: 133 677 (National Relay Se

TS: 131 450 (Translating and int



Casey Holiday program

Please see the office to collect an application form and behaviour guidance contract. Places are filling quickly so don't miss out, hurry and book your spot now!

Holiday Open times



BELEZA CRANBOURNE

TERM 2 SCHOOL HOLIDAYS TRADING HOURS 2018

LAST DAY OF TERM FRIDAY 29TH JUNE

THE STORE WILL BE

CLOSED

FROM SATURDAY 30TH JUNE to SATURDAY 7TH JULY

THE STORE WILL BE

CLOSED

WE WILL RESUME NORMAL TRADING HOURS AS OF

MONDAY 9TH JULY 2018

NORMAL TRADING HOURS

(Effective as of 2nd July 2016)

Monday to Friday - - 10:00am to 5:00pm

Saturday - - 10:00am to 1:00pm





Announcements

Sporting Announcements

On Friday 25th of May, Lyndhurst Secondary College held its annual athletics carnival at Casey Fields. We were lucky with the sun shining down on us and for once there was no wind at the stadium! The student's turned out in full force, dressed in their house colours ready to participate in their events.

We had some very strong competitors, and close races throughout the day.

Congratulations to all participants and students who attended and cheered their house and friends on.

A big congratulations to Hale who won the House competitions on the day meaning they win the "Grand Slam" of sport carnivals after also winning the swimming and cross country competitions earlier this year!

The athletics results were;

1st Hale 1091, 2nd Flintoff 883, 3rd Kettner 757, 4th Sayers 585



The college also had a number of students compete at the Division cross Country Carnival. All students represented the college exceptionally well on the day. We had three students progress through to the Region Cross Country competition on Monday 18th June. They are Jessica Proudlock in Year 7, David Achiek in Year 10 and Liaquat Rezaie in Year 12.

Badminton

Well done to our Badminton teams who played in the Casey South Division tournaments this term. Last week the Year 8's did a fantastic job and yesterday the Year 7's came 3rd. Congratulations!



0411 020 220 or log on to www.TAmums.com.au to register your interest.

' This training is delivered under Victorian and Commonwealth Government funding. We encourage people with disabilities to access government subsidised training'



EXPRESSI

We are ve
Teacher #
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WHY CHOOSE AGED CARE OR EARLY CHILDHOOD AS A CAREER?

Both Certificate III qualifications are entry level to work in the sector. Early Childhood in particular now requires all staff to hold this qualification as a minimum. Both industries are currently in high demand and are looking for further qualified staff to accommodate to Australia's Ageing and growing population. Currently both are skills shortage areas and offer great career pathways. Each industry comes with a set of unique challenges and offers a rewarding experiences where you have the opportunity to impact someone else's life.

ACE Foundation donations sought

Certificate III in Education Support

Supporting Mothers returning to work, TAmums is an organisation that offers courses in the aged care and childcare industries in association with Eastern College Australia. In term 3 and 4, we will be supporting them to deliver Cert III in Education Support, here at Lyndhurst Secondary College. All adult classes are between school pick up and drop off times and run 1 day per week so the convenience of fitting in with family life can run alongside choosing a new career path in supporting young people to achieve their best. This is a nationally recognised course with state funding so to discuss your eligibility for funding or further Information, contact Liz Blanchard on

Greetings,

It's us again, **ACE Foundation**

We are seeking any silent auction items for our fundraiser dinner on **20th October 2018**, we would love your support.

If you are unable to donate any items a small monetary donation would be greatly appreciated.

Please help us assist the education of students in the City of Casey.

The more funds we raise at the fundraiser the more we can spread the love.

Look forward to hearing from you

Regards
Leon Shapero & Teresa Muratore

All donations to ACE are now TAX deductible
BSB 083 253 ACC 84 383 2614

Army Cadet Information Night



AUSTRALIAN ARMY CADETS 36 ACU - FRANKSTON

Australian Defence Force Cadet Depot, 35 Robinsons Rd Frankston
PO BOX 4030 Frankston VIC 3199 Email: 36acu@cadetnet.gov.au Phone: (03) 5971 3279



RECRUITING INFORMATION NIGHT

*The Australian Army Cadets is a leading youth leadership organisation.
Cadets is about learning new skills, challenging your self, making new friends,
having fun all in a military setting!*

As an Army Cadet you will pick up many attributes which you will be able to take with you through the rest of your lives! To name a few:

- * Leadership
- * Confidence
- * Courage
- * Teamwork
- * Discipline
- * Mateship
- * Initiative
- * Respect

You will also be taught different skills which are relevant to the Army itself such as:

- * Drill
- * First Aid
- * Fieldcraft
- * Marksmanship
- * Safe weapon handling
- * Navigation
- * Signals
- * Engineering
- * Robotics

Sounds great doesn't it!
So why not come on down to our information night
and see 36ACU cadets showing these skills.

Eligibility for Enrolment

- a) Be between the age of 13 (and in year 8) - up to 17 years old.
- b) Be and Australian resident.
- c) Be physically and psychologically able to participate in cadets activities
- d) Not be a member of the Australian Navy Cadets or the Australian Air Force Cadets, or the Australian Defence Force
- e) Be available to attend 80% or more of the activities conducted by the Army Cadet Unit that they wish to join
- f) Agree to abide by the AAC Code of Conduct
- g) Complete the application form and all documentation required by the AAC and
- h) Have their application accepted by the Army Cadet Unit Officer Commanding.

When

Thursday 19th JUL 2018 1900 Hrs (7pm)

Where

Australian Defence Force Cadet Depot
35 Robinsons Road , Frankston (Mel. Ref. 102 J10)
Ph: (03) 5971 3279 Email: 36acu@cadetnet.gov.au

COURAGE - INITIATIVE - TEAMWORK - RESPECT



Financial Information

Saver Plus can assist students and families with education costs

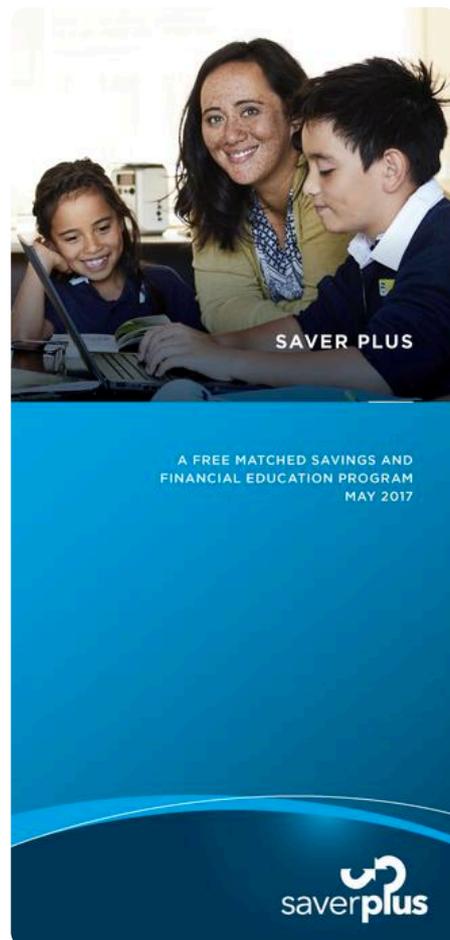
Saver Plus is a free matched savings and financial education program that matches participants' savings, dollar for dollar, up to \$500, for education costs such as uniforms, books, excursions, sports fees and laptops. Already many families in our community have benefitted from Saver Plus.

Saver Plus was developed by Brotherhood of St Laurence and ANZ in 2003 and is delivered in Casey and Cardinia by the Brotherhood of St Laurence. It is funded by the Australian Government Department of Social Services and ANZ.

Participants set a savings goal for education costs, make regular deposits into a savings account over 10 months, and attend financial skills workshops. At the end of the program their savings are matched by ANZ, dollar for dollar, up to \$500, to be used for education costs such as

uniforms, books, excursions, sports fees and laptops.

If you require further information, download the attached brochure.



SAVE

Saver Plus is a free ten-n education, budgeting a

- Build your skills around
- Become a regular sav
- Reach a savings goal.

Once you finish the pro to \$500, which goes to children including:

- School and sports un
- Computers, tablets ar
- TAFE and apprentices
- Sports fees, dance an
- Textbooks and schoo
- And much more.

CAN I JOIN?

Saver Plus is offered acr join if you:

- Have a Centrelink He
- Are at least 18 years c
- Have some regular in partner) including ca work, and
- Have a child at schoo yourself.

To find out more, enqui call or SMS your postcoo email saverplus@bsl.org

School Rewards

• • • • •  **The Athlete's Foot**

GET FITTED BY THE EXPERTS TODAY

In partnership with
**LYNDHURST SECONDARY
COLLEGE**

**\$5 DONATED
BACK TO YOUR SCHOOL**

Every time you buy a pair of shoes.


APEX
Junior **\$114⁹⁵**
Senior **\$134⁹⁵**


MULTIPLE WIDTHS



HARRISON **INDY II**
Junior **\$114⁹⁵** Junior **\$114⁹⁵**
Senior **\$124⁹⁵** Senior **\$124⁹⁵**



 **School Rewards**

Fountain Gate
Shop 1045A Westfield
Shoppingtown (03) 9705 6633



General Information

Administration

Office hours 8:00am - 4:00pm

Telephone 5996 0144

Email

lyndhurst.sc@edumail.vic.gov.au

Parents should always make contact with the General Office first when visiting the school or trying to make contact with their children.

Appointments with teachers must be made via telephone or compass.

Absences

Student absences should be reported to the school before 9:00am. Please telephone 5996 0144 on the day of the absence.

A note on the day of return to the General Office is required for absences where no parent contact has been possible.

Text messages are sent to parents and carers notifying of a student absence daily (subject to the correct contact information being provided)

If students have appointments during the school day, a note on the day of the appointment is required from a parent or carer confirming the intended date and time of absence from school.

Late arrival to school

In order to minimise disruption to class and maximise learning opportunities for our students, we would like to remind you that students are expected to be at school before the 8:43am warning bell ready to start their first lesson at 8:50am.

If students arrive late and no explanation has been received by a parent or carer, students are given a raffle ticket to attend a lunchtime detention.

We appreciate your support in this. If you have any questions please call the general office.

Uniform Shop

Families can purchase new and second hand uniform and second hand books from our onsite

uniform shop, Uniforms By Design

Normal trading hours (onsite) Uniforms by Design

Wednesdays 12:30pm - 4:00pm

Alternatively new uniforms can be purchased from Beleza School Uniforms, located 126 High Street Cranbourne.

Lyndhurst Secondary College class times

School day - 8.43am - 3:00pm daily
(excluding weekends and all public and school holidays)

The College runs a 4 period day to minimise disruptions during change over.

Period 1 concludes for recess at 10:02am

Period 2 commences at 10:31 am

Period 3 commences at 11:43am

Lunch 12:55pm

Period 4 commences at 1:48pm

These times will be adjusted for assembly days.

Lost property

Please ensure all school clothes, books and personal property are clearly labelled with the student's name. Many items are not returned to their rightful owners because they are not labelled correctly or clearly.

USBs should include a folder with the student's name and form to assist in returning it to the correct person. If you have lost anything see the general office during recess, lunch or at the end of day.



College Canteen

College Cafe Menu

This menu can also be downloaded from our website in 'Student Life' - College Canteen

The Canteen is open from 8am every school day for breakfast. Why not stop in and grab a Brekky wrap or Hash brown before class!

You can place your lunch orders first thing in the morning and at recess.

Now selling HSP's for only \$6.00

Lyndhurst Secondary College Café Menu

JAN 2018

From The Deli Bar (Fridays)	\$	From The Salad Bar (Daily Special)	\$
Seasonal Fresh Fruit	FROM 1.00	Moroccan Cous Cous Salad	5.00
Fruit Salad (Made Fresh Daily)	FROM 4.00	Quinoa Salad	5.00
Yoghurt with Muesli	3.70	Thai Noodle Salad	5.00
Croissant (Filled extra 50 cents)	3.70	Chicken Caesar Salad	6.00
Toast with Choice of Spreads (vegemite, Nutella, Jam)	1.00	Greek Salad	5.00
Dip and Zataar Bread	2.50	With Chicken, Tuna or Beef (H)	6.00
Frittata (Vegetarian)	4.50	Gourmet Panini	
Sushi Rolls (Californian, Vegetarian, Chicken & Tuna)	2.60	Ham, cheese and Tomato	4.50
Freshly-Made sandwiches		Mediterranean Vegetable (Veg)	5.50
50c Extra For Rolls	\$	Tandoori or BBQ Chicken (H)	5.50
Cheese & Tomato	3.50	Chicken Schnitzel (H)	5.50
Ham & Cheese	3.50	Drinks	\$
Ham, Cheese & Tomato	4.00	Apple / Orange (350ml)	3.50
Salad (Lettuce Mix, Tomato, Carrot, Cucumber, & Light Mayo)	4.30	Up and Go	3.20
Egg & Lettuce	4.00	Oak- 300ml	2.60
Cheese & Salad	4.50	Oak- 600ml	3.60
Roast Chicken & Salad (H)	4.50	Ice Break - 500ml	3.50
Ham & Salad	4.50	Bottled Water (500ml)	2.50
Gourmet Wraps	5.50	Bottled Water (750ml)	3.80
From The Hot Food Bar (10.20 Extra For Sauces)	\$	Soft Drink Can	2.00
Egg and Bacon Muffin (cheese extra 50 cents)	3.20	Mineral Water (Lemon & Lime, Orange & Mango)	3.00
Brekky Wrap (bacon, egg and hashbrown with BBQ sauce)	4.70	Soft Drink 450ml Bottle	3.70
Hash Browns (Oven Baked) (H)	1.00	Iced Tea 500ml Bottle	3.70
Steamed Dim Sim	1.00	From the Café Bar	\$
Homemade Sausage Roll	4.00	Hot Chocolate	3.00
Pies	3.70	Café Latte (Lite / Full Cream Milk)	3.00
Zinger Pocket or Burger	5.50	Cappuccino (Lite / Full Cream Milk)	3.00
Chicken/ Beef Burger (H) (with lettuce)	FROM 4.50	Flat White Latte / Full Cream Milk	3.00
Oven Baked Wedges (H)	3.30	Chai Latte	3.50
Sweet Chili Chicken Tender (each)	2.30	Espresso / Short Macchiato	2.50
Sweet Chili Chicken Tender Wrap	4.50	Long Macchiato	3.00
Vegetarian Spring Rolls (H)	3.00	EXTRAS	\$
Devil Wings	3.70	Soy Milk/ Strong / Extra Shot	0.50
Homemade Pizza Slice	4.00	Medium Cup	3.50
Beef or Vegetarian Nachos (H)	FROM 4.50	Extra Large Cup	4.50
Chicken Souvlaki (H)	6.50	Ice Cream	\$
Chicken Parma Wrap (H)	6.50	Calippo	1.00
Variety of Pasta (spicy, Lasagne, Tomatine, Rasol etc.)	FROM 4.50	Icy Twist	1.00
Variety of Rice, Curry, Noodle, Stir-Fry Meals	FROM 4.50	Paddle Pop	1.70
Roast Beef Roll (H)	6.50	Paddle Pop Thick Shake	2.80
Homemade Soup of the day (Seasonal) (H)	4.50	Frozen Yoghurt Cup	1.70
Spinach and Cheese Spanakopita (H)	6.00	Snacks	\$
Pide (Spinach or Lamb) (H)	6.50	Muffins (chocolate, blueberry, apple & cinnamon etc.)	3.50
Baked Potato (Vegetarian, Beef (H) or Bacon)	5.00	Cake Slices	2.50
		Slices	2.00
		Red Rock Deli Chips	2.50

LUNCH ORDERS

HOW TO ORDER

1. Place order at cafe with staff prior to 8am
2. Pay staff at time of order
3. Collect order from Cafe at lunch break

Notes:

1. Items may not be available due to supplier stock - similar product will be provided.

Address: 10 Wicks Avenue, Gifford, Victoria, 3884
Phone: 03 9499 1111 Email: info@roccfoods.com.au