



CONNECTED

KEEP LEARNING AND STAY CONNECTED



MAKING THE MOST OF REMOTE LEARNING 2.0

KEEP LEARNING AND STAY CONNECTED!

Welcome to the latest issue of Connected.

We have just finished remote and flexible learning in week 3.

Following the announcement earlier this week from the Premier, we are now all affected by stage 4 restrictions!

We are ALL working remotely now and must remember to look after our mental health and wellbeing. This means taking regular breaks, communicating with teachers, peers online and our families, eating healthily and exercising where possible!

In this issue we take a look at students' artwork, yummy creations from food tech, Indian culture and food from around the world.

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Keep learning and
stay connected

What's Working

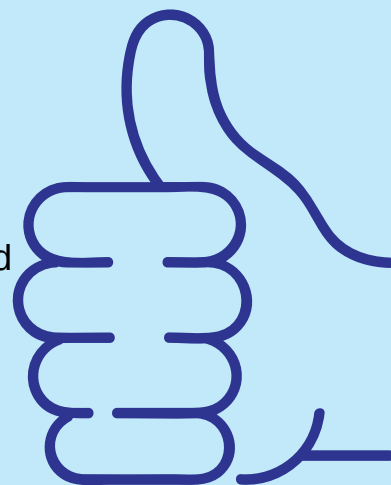
Fun Friday

Feedback

WHAT'S WORKING

SWPBS

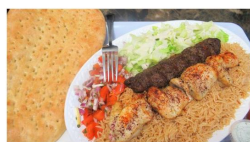
As part of School Wide Positive Behaviour Support (SWPBS), staff acknowledge when students are behaving positively at school. Even though we are learning remotely this term, students are still able to earn acknowledgement points for their behaviour. This could include; completing their online attendance each day, submitting work on time and to a high standard, keeping in contact with their teachers, attending Webex sessions and helping out others. Each week students, who have earned SWPBS acknowledgement points, will go into the draw to win a prize. The more points they receive, the greater their chances of winning are.



INDIAN CULTURE AND FOOD FROM AROUND THE WORLD



Izayah W BC



Alghani Kebab and Roti food Mischa F BG



Bakso - Indonesian Street



Izayah W BC



Desserts from Fiji - Sarvesh K BA



Hannah M



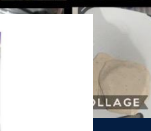
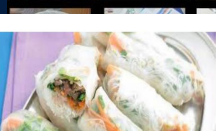
Zoe B BA Corned Sausage



Sophia B Dhal

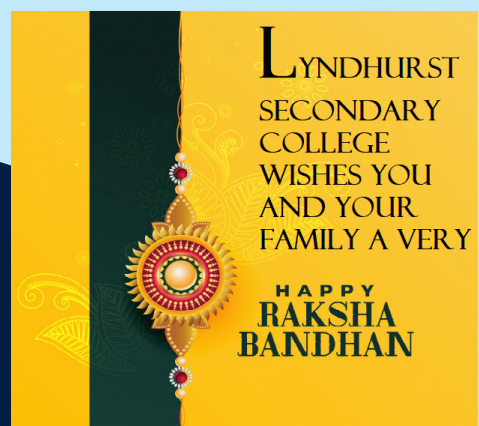


butter chicken and naan bread hindi Amber BC



Rice Paper Rolls: Nuhah B BG

Fried Rice: Dhward PS BG

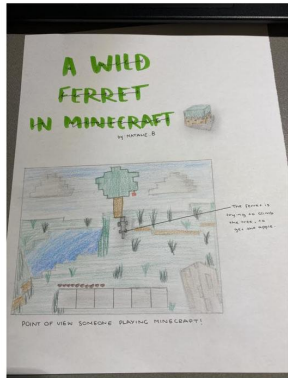


Sandramaria SK Samosa

YEAR 10 ART Who Am I?



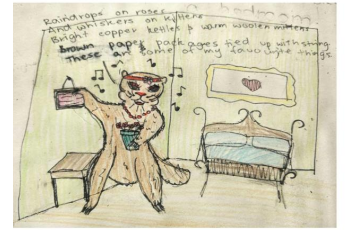
YEAR 8 ART



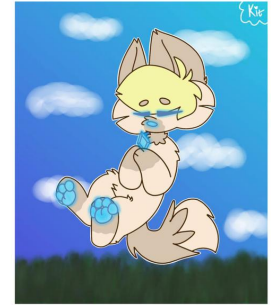
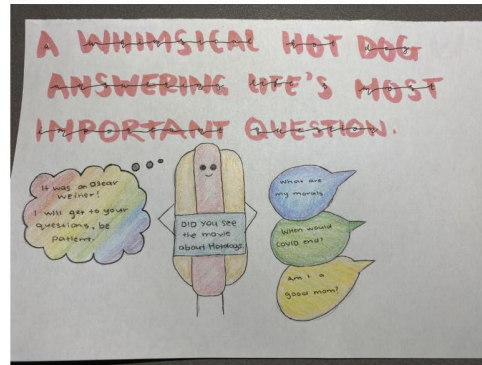
Yr 8 art students received random stimuli and were encouraged to find their unique style of drawing. By writing reflections and adding annotation to their drawings, they are set to engage in art analyses next week.



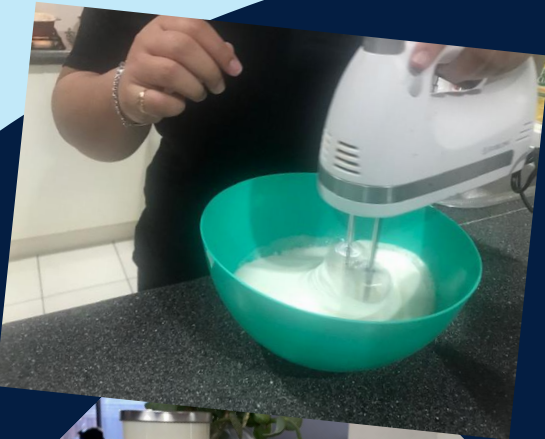
singing gopher decorating a bedroom.



I got demented wolf looking at himself in the mirror.

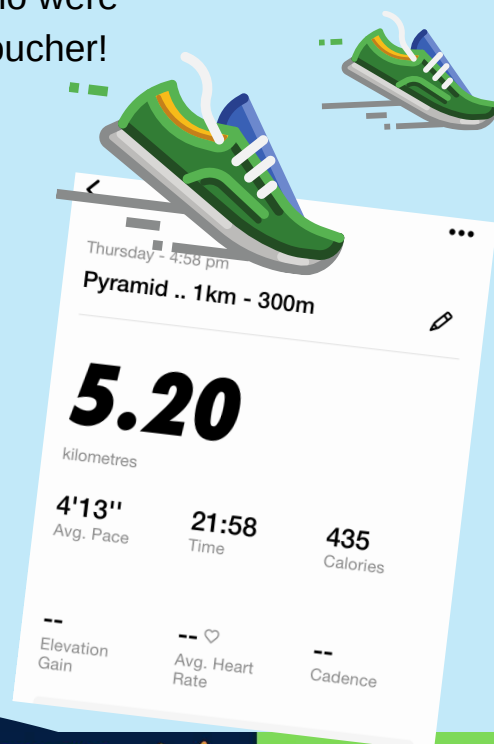
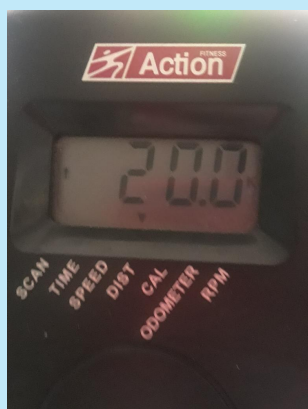


FOOD TECHNOLOGY



FITNESS CHALLENGE

Well Done to Week 1 & Week 2 winners, Brian and Deacon who were drawn at random and have received their \$20 Rebel Sports voucher!



WEEK 3

Well done to all students and staff who participated this week. It's not over yet and you still have till the end of SUNDAY to be included in the total distance!

Don't forget to email your name and method used!

SCORES ON THE BOARD SO FAR!!

STAFF: 285.52 KM
STUDENTS: 350.25 KM

STUDENTS MUST EMAIL YOUR FULL NAME, METHOD USED TO EXERCISE AND YOUR DISTANCE!



FITNESS CHALLENGE FOR ALL!

Are you willing to take on the staff?
How far do you think we can go as a school?

During the second round of remote learning, the PE Department have decided to set a challenge to all staff and students at Lyndhurst Secondary College

The challenge is simple... How far can you travel as a collective over the 5 week period of remote learning as a team?

Students vs Staff



**LYNDHURST
SECONDARY
COLLEGE**

STUDENTS WHO UPLOAD 2 EXERCISES OR MORE IN A WEEK AUTOMATICALLY GO INTO A WEEKLY DRAW TO RECEIVE A \$20 GIFT CARD FOR REBEL SPORTS.
(DRAWN AT RANDOM, EACH MONDAY AFTER)



IMPORTANT INFORMATION

Don't forget, Friday 14th August is 'FUN FRIDAY' take photos of your fun activities and email them to lyndhurst.challenge@gmail.com

FUN FRIDAY

**BE KIND TO YOUR MIND &
DO SOMETHING FUN!**

Friday 14th August

**BAKING
GARDENING
PLAYING UNO
BIKE RIDES
BOARD GAMES**

**SHOOTING HOOPS
KICKING THE FOOTY
WALKING THE DOG
WATCH A MOVIE
BUILD OR DRAW**

FEEDBACK

Parents:- "The school and teachers are already doing a great job. Thank you for all your hard work under very trying circumstances." "Accept that this is very difficult for families and teachers alike, but you already do that because everyone was supportive during remote learning 1.0!" "Keep doing what you're doing."

-:Students

(when asked what further support we can offer)

"Continue doing events that can give us a break from our computer screens. :)"

"Nothing, you guys are doing great"

Staff:- "You are doing a great job."

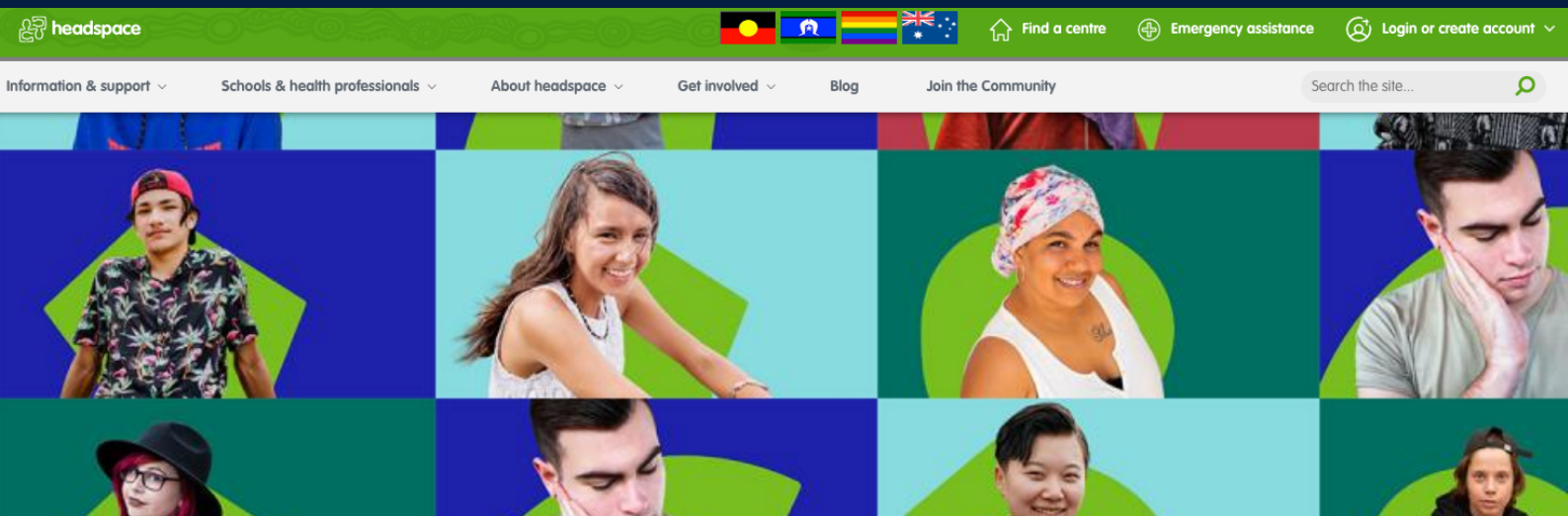
"I think the school is doing a great job in regards to my wellbeing."

"I think there is already a lot of great support offered!"

"I think we are really well looked after at Lyndhurst, thanks :)"

LOOK AFTER YOUR MENTAL HEALTH & WELLBEING

A bird sitting on a tree is never afraid of the branch breaking, because her trust is not on the branch but on it's own wings. Always believe in yourself.



Together, we've got this

Life is constantly changing, and sometimes it feels tough. To stay on top of our mental health there are simple everyday things we can do.

Taking steps to maintain your mental health and wellbeing, helps you live your life in a positive way. [The healthy headspace action](#)