



CONNECTED

KEEP LEARNING AND STAY CONNECTED



MAKING THE MOST OF REMOTE LEARNING 2.0

KEEP LEARNING AND STAY CONNECTED!

Welcome to the latest issue of Connected.

Last week's Fun Friday took place and we are grateful for the photos that staff and students sent in.

Please also remember that in Stage 4 Lockdown Restrictions, when you exercise, you are only permitted to do this outside for 1 hour a day and must stay within your local area.

We encourage everyone to keep participating in the fitness challenge but remind you of these restrictions whilst staying safe.

In this issue we Congratulate some more of our SWPBS Winners and look at some fantastic art and drama work from students.
Keep an eye out for the latest Rio Trio video also out this week.

Next week we look forward to Fitness Tuesday and Wear It Purple 2020.

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Keep learning and
stay connected

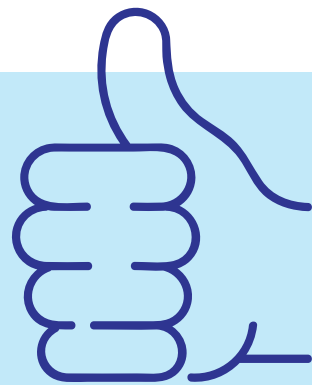
SWPBS

What's Working

Fitness challenge

SWPBS

Don't forget, as part of School Wide Positive Behaviour Support (SWPBS), staff acknowledge when students are behaving positively at school. Even though we are learning remotely this term, students are still able to earn acknowledgement points for their behaviour. This could include; completing their online attendance each day, submitting work on time and to a high standard, keeping in contact with their teachers, attending Webex sessions and helping out others. Each week students, who have earned SWPBS acknowledgement points, will go into the draw to win a prize. The more points they receive, the greater their chances of winning are.



CONGRATULATIONS TO THIS WEEK'S WINNERS.



**OLIVIA O.
YEAR 7**

SARAH N. YEAR 9



**AMBER R.B.
YEAR 11**

More Winners

YEAR 8- SKYE H.
YEAR 10- PAIGE S.
YEAR 12- CILLA S.



Well Done!
Keep up the great work

WHAT'S WORKING

ART

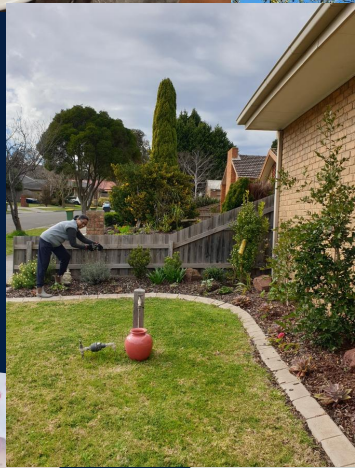
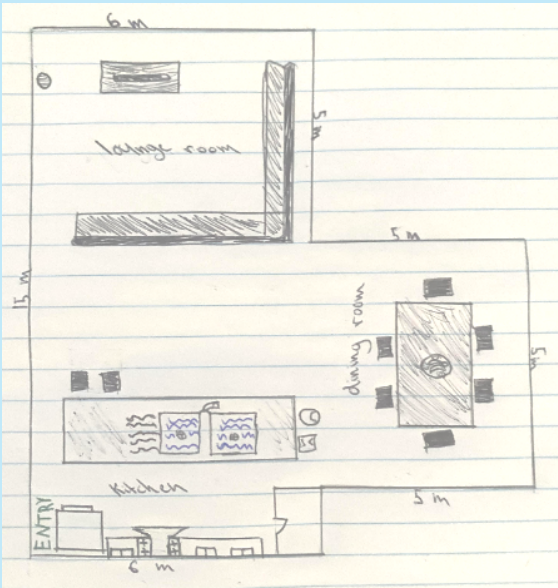
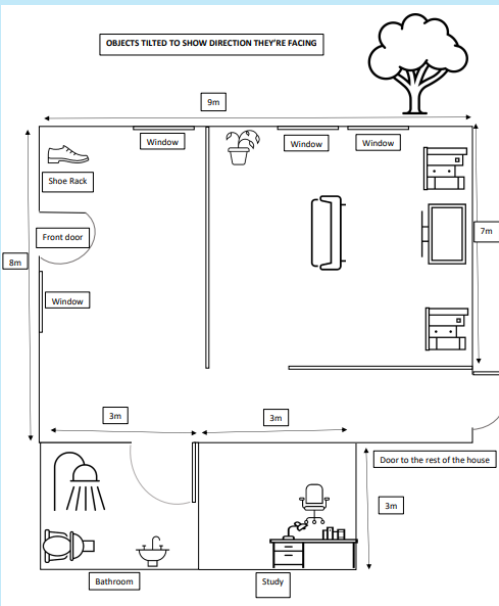


I SPY WILLOW



DRAMA

Students engaged in set design by creating a floor map and a mock budget. They also practised the respectful delivery of peer feedback in real time. After weeks of exploring various comedy theatre styles (Slapstick, Commedia Dell'arte +) and through various mediums (comic books, radio drama, and scripting), they will soon create their own parody music video.



FUN
FRIDAY



28.08.20
SAVE THE DATE

FITNESS CHALLENGE

Keep the exercise going, keep the distances flowing in.
Stay safe, stay healthy and let's see how far we can go.
Remember to email your NAME, METHOD USED and
DISTANCE to lyndhurst.challenge@gmail.com



Remember,
you still have till the end of
SUNDAY to be included in the
total distance this week!
Don't let the wet weather
dampen your spirits!

STUDENTS MUST EMAIL YOUR FULL
NAME, METHOD USED TO EXERCISE AND
YOUR DISTANCE!



STUDENTS WHO UPLOAD
2 EXERCISES OR MORE IN
A WEEK AUTOMATICALLY
GO INTO A WEEKLY DRAW
TO RECEIVE A \$20 GIFT
CARD FOR REBEL SPORTS.

(DRAWN AT RANDOM, EACH
MONDAY AFTER)

FITNESS CHALLENGE FOR ALL!

Are you willing to take on the staff?
How far do you think we can go as a
school?

During the second round of remote
learning, the PE Department have
decided to set a challenge to all staff
and students at
Lyndhurst Secondary College

The challenge is simple... How far can
you travel as a collective over the 5
week period of remote learning as a
team?

Students vs Staff



LYNDHURST
SECONDARY
COLLEGE



Looking after yourself Get your body moving!

PART
3



Physical activity can help you to:

Build a
strong body
and mind



Feel good



Reduce
stress



Manage
moods



Sleep
better



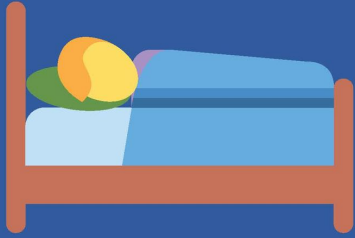
Gain more
energy



Exercising regularly is part of having a healthy lifestyle!

COMING NEXT
WEEK
FITNESS TUESDAY

Helps
improve
Sleep



FITNESS TUESDAY

Physical Movement has so many
benefits for your health!

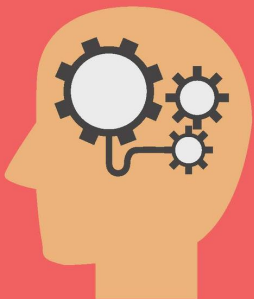
Reduces
Stress
& Anxiety



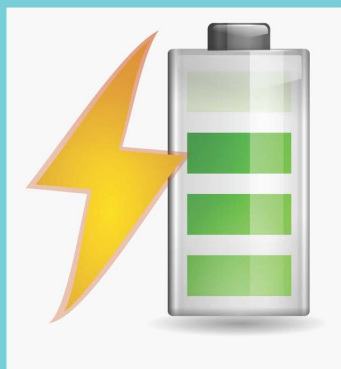
So our amazing PE Team have created
MOVEMENT CHALLENGES
to get you up and get you moving!

Get ready to join the fun on
Tuesday 25th of August

Improves
Concentration



Increases
Energy Levels



Improves
your Mood

